

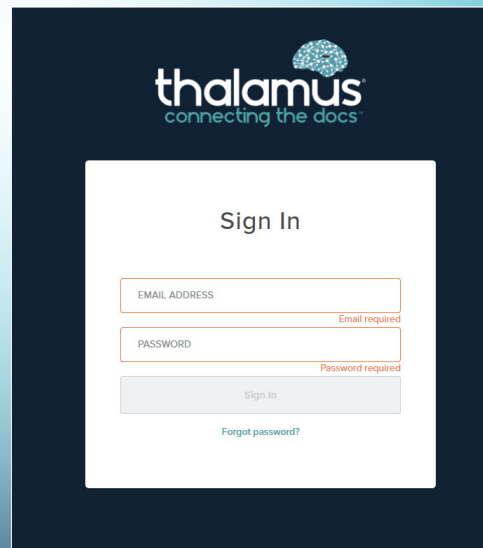
THALAMUS: VIDEO CONFERENCING SOFTWARE

UK PM&R

STEP 1: LOGIN TO THALAMUS

Type in your login information
and click sign in

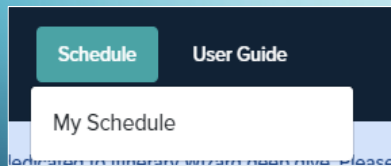
Link: <https://app.thalamusgme.com/login>



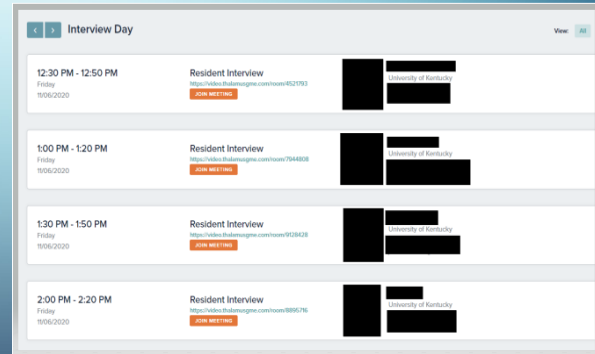
The screenshot shows the Thalamus login interface. At the top, the Thalamus logo is displayed with the tagline "connecting the docs". Below the logo, the text "Sign In" is centered. There are two input fields: "EMAIL ADDRESS" and "PASSWORD". The "EMAIL ADDRESS" field has a red error message "Email required" below it. The "PASSWORD" field has a red error message "Password required" below it. Below the input fields is a "Sign In" button. At the bottom of the form, there is a link for "Forgot password?".

STEP 2: VIEWING YOUR SCHEDULE

Click the “Schedule” tab in the upper left-hand corner

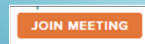


Then click “My Schedule” to view your schedule – from here you can see your interview times, links to interview rooms, and more

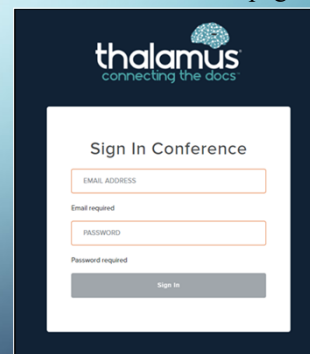


STEP 3: JOIN A MEETING

To join the meeting for your interview/breaks, simply click the join meeting button



A new window will open in the Thalamus Video Conferencing system where you will login again. Note it will say “Sign in Conference” on this page.

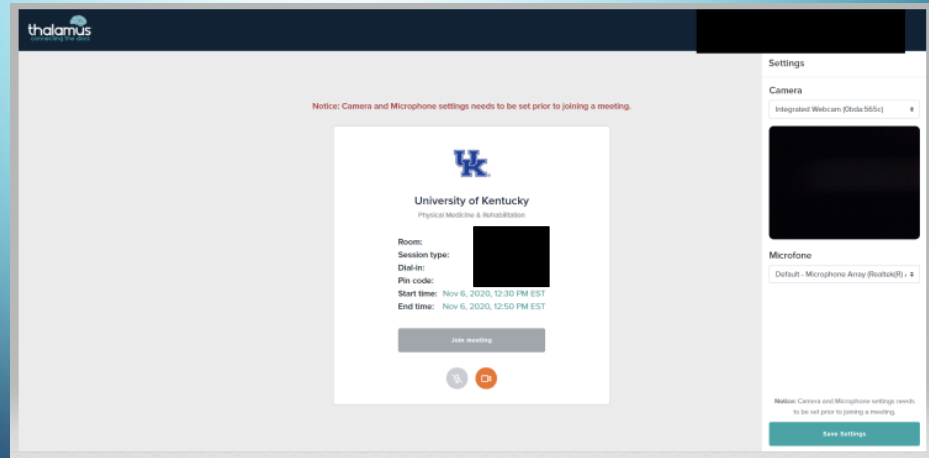


STEP 3: CONTINUED

Ensure your camera and microphone are working

Save settings

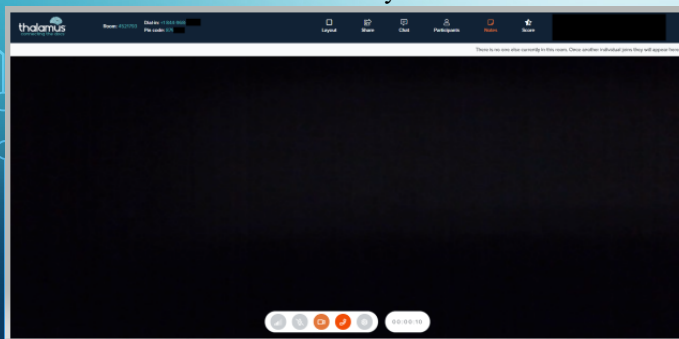
Click “Join Meeting”



STEP 4: INTERVIEWING

Once you have joined the meeting, you will have 20 minutes to interview. You're given a 5 minute and 0 minute warning. If you go over 5 minutes past the end time, the meeting will be manually ended.

You can view your signal strength, mute/unmute, hide/open camera, and end the call. Once ended you'll return to the lobby.



THINGS TO KNOW

Breaks

- You get (2) 20 minute breaks where you will be joining the break room with the program coordinator and a resident. This is a great time to ask questions, make conversation, and rest between interviews. Don't stress, we're here to help!

THINGS TO KNOW

10 minute "break" between interviews

- You get ~10 minutes between each interview to decompress, grab some water, etc. During this time, you do not have to be "in a room" with anyone on Thalamus, this is just the waiting period between interviews/breaks.

THINGS TO KNOW

Lunch

- Lunch is offline to allow each candidate to eat/take a break/prep for their interviews. You will not be “in a room” during this time.

THINGS TO KNOW

Informational (end of day)

- This small segment at the end of the day will allow you all to ask any follow-up questions, make suggestions, or just chat with us prior to logging off. We welcome any feedback and want to say bye before we logoff!

